## 1095 Meals for the Year for 4 people

Drinks: Water, Milk, Juice, Gatorade, Lemonade, Soda

Jan 1st: New Year's Day

Breakfast - Pancakes, berries, bacon
Lunch - Poppy seed salad
Dinner - Pork stew, applesauce
Jan 2nd:
Breakfast - Cereal
Lunch - Tuna sandwich, crackers
Dinner - Grilled steak, baked potatoes, spicy asparagus, spicy ginger-org carrots
Jan 3 ${ }^{\text {rd }}$ : Chalee Huff Birthday
Breakfast - Cereal
Lunch - Leftover steak hash, carrots \& cucumbers
Dinner - Spaghetti, garlic bread, green salad
Jan 4th:
Breakfast - Grapefruit
Lunch - PB \& J, fruit
Dinner - Mongolian Beef BBQ, white rice, tropical fruit

## Jan 5th:

Breakfast - Fried egg sandwich
Lunch - Can of soup, crackers
Dinner - Jesse's Jambalaya, cornbread, green beans

## Jan 6th:

Breakfast - Cereal
Lunch - Baked potato
Dinner - Crockpot chicken dump stew, tortilla chips
Jan 7th:
Breakfast - Yogurt
Lunch - Hoagies, crackers
Dinner - Scottish Pie, peas, biscuits
Dessert - Brownies

Jan 8th:
Breakfast - Cereal
Lunch - French bread pizza
Dinner - Tacos, Spanish rice, veggie tray
Jan 9th: Mike \& Becky Rudeen Anv.
Breakfast - Oatmeal
Lunch - Taco salad
Dinner - Pasta e Fagioli \& garlic twists
Jan 10th:
Breakfast - Cereal
Lunch - Quesadillas, salsa \& guacamole
Dinner - Glazed pork roast, Ranch potatoes, fried apples \& squash
Jan 11th:
Breakfast - Eggs \& Bacon
Lunch - Pork fried rice
Dinner - Salisbury steak, peas, crescent rolls
Jan 12th:
Breakfast - Cereal
Lunch - Tuna fish sandwiches, crackers
Dinner - Red enchiladas, corn
Jan 13th:
Breakfast - Pancakes, fresh fruit, bacon
Lunch - Leftover enchiladas
Dinner - Stroganoff, noodles, Kale salad, yams
Jan 14th:
Breakfast - Cereal
Lunch - PB \& J, crackers
Dinner - Chicken potpie, coleslaw
Jan 15th:
Breakfast - Oatmeal
Lunch - Chicken salad sandwiches, crackers
Dinner - Lasagna, garlic bread, broccoli slaw

Breakfast - Scrambled eggs, hash browns
Lunch - Hot dogs, chips
Dinner - Tex-Mex Chicken, flour tortillas, cucumbers

## Jan 18th: Grandpa Melvin Miles Birthday

Breakfast - Cereal
Lunch - Egg salad sandwiches, crackers
Dinner - Pot Roast, steamed artichokes, broccoli slaw, resent rolls, raspberries
Dessert - Oatmeal Cookies
Jan 19th:
Breakfast - Cereal
Lunch - Nutella \& apples
Dinner - Tacos, Spanish rice, veggie tray

## Jan 20th:

Breakfast - French toast
Lunch - Seven layered dip
Dinner - Teriyaki chicken, brown rice, green beans

## Jan 21st:

Breakfast - Cereal
Lunch - Tortilla wraps
Dinner - Pulled pork, broccoli \& cauliflower salad
Jan 22nd:
Breakfast - Oatmeal
Lunch - Chicken salad sandwiches
Dinner - Vegetable soup, homemade rolls
Jan 23rd:
Breakfast - Cereal
Lunch - BLT's
Dinner - Tempura veggies \& chicken

Jan 24th:
Breakfast - Eggs, hash browns
Lunch - Peanut butter, carrots, celery \& apples
Dinner - Tamale pie
Jan 25th:
Breakfast - Cereal
Lunch - Quesadillas
Dinner - Fajitas
Jan 26th:
Breakfast - Oatmeal
Lunch - Canned soup
Dinner - Mongolian Beef BBQ, white rice, Tropical fruit

Jan 27th:
Breakfast - Cereal
Lunch - Mac-n-cheese
Dinner - Taquitos \& salsa, Spanish rice, Waldorf salad
Dessert - Lemon Bars

## Jan 30th:

Breakfast - Yogurt
Lunch - Pita chips, veggie tray, hummus dip/Ranch dip
Dinner - Swiss steak, green beans, brown rice

Jan 31st:
Breakfast - Cereal
Lunch - Taquitos \& salsa \& guacamole
Dinner - Stew, biscuits

## Feb 1st:

Breakfast - Scones, clotted cream
Lunch - Top Ramen
Dinner - Goulash, garlic bread, green salad

## Feb 2nd:

Breakfast - Cereal
Lunch - Egg salad sandwiches
Dinner - White Enchiladas, Spanish rice, Peas

## Feb 3rd:

Breakfast - Eggs \& hash browns
Lunch - Nutella \& fruit
Dinner - Meatloaf, baked potatoes, crescent rolls, green beans

## Feb 4th:

Breakfast - Cereal
Lunch - Leftovers
Dinner - Orange Chicken, couscous, Broccoli slaw

## Feb 5th:

Breakfast - Oatmeal
Lunch - Hummus, pita chips, veggie tray
Dinner - Katie's Chili, cornbread, canned fruit

## Feb 6th:

Breakfast - Fruit Smoothie
Lunch - Hot dogs
Dinner - Beef Curry, rice, Waldorf salad
Feb 7th:
Breakfast - Cereal
Lunch - Tuna sandwiches
Dinner - Glazed pork roast, ranch potatoes, baked asparagus

## Feb 8th:

Breakfast - Toast \& jelly
Lunch - Turkey Sandwich
Dinner - Pork won ton salad, canned fruit

## Feb 9th:

Breakfast - Cereal
Lunch - Poppy seed salad
Dinner - Spaghetti, garlic bread, broccoli slaw

## Feb 10th:

Breakfast-Grapefruit
Lunch - Leftovers
Dinner - Baked chicken, Alfredo noodles, peas

Feb 11th:
Breakfast-Cereal
Lunch - Chinese chicken salad
Dinner - Tostadas
Feb 12th:
Breakfast - Yogurt
Lunch - French bread pizza
Dinner - Swiss steak, green beans, baked yams

## Feb 13th:

Breakfast - Cereal
Lunch - Tuna sandwich
Dinner - Asian peanut noodles with Chicken, coleslaw

## Feb 14th: Valentine's Day

Breakfast - Cereal
Lunch - Seven layered dip
Dinner - Fried Chicken, mashed potatoes, corn, pears
Dessert - Chocolate Crinkle Cookies
Feb 15th:
Breakfast -French toast
Lunch - Egg salad sandwiches
Dinner - Stuffed Bell Peppers, Kale salad
Feb 16th:
Breakfast - Scrambled eggs, bacon
Lunch - Grilled cheese
Dinner - Lumpia, veggie tray

## Feb 17th:

Breakfast - Cereal
Lunch - Canned Soup
Dinner - Chimichanga, green salad

## Feb 18th: Becky Rudeen B-Day

Breakfast - Oatmeal
Lunch - Top Ramen
Dinner - Lasagna, garlic bread, green beans

Feb 19th:
Breakfast - Cereal
Lunch - BLT's
Dinner-Fajitas

## Feb 20th: Eric Rudeen B-Day

Breakfast - Fruit Smoothie
Lunch - Quesadillas
Dinner - Stroganoff, flat noodles, corn, crescent rolls
Feb 21st:
Breakfast - Cereal
Lunch - Mac-n-cheese
Dinner - Mongolian Beef BBQ
Feb 22nd:
Breakfast - Grapefruit
Lunch - Hoagies
Dinner - Tacos, black beans
Feb 23rd:
Breakfast - Cereal
Lunch - Fried Spam
Dinner - Chicken \& Rice, peas
Feb 24th:
Breakfast - Oatmeal
Lunch - Veggie tray \& dip
Dinner - Tostadas

## Feb 25th:

Breakfast - Yogurt
Lunch - Nachos
Dinner - Salisbury steak, flat noodles, wilted spinach
Feb 26th:
Breakfast - Cereal
Lunch - French bread pizza
Dinner - BBQ Chicken sticks, grilled zucchini, spicy ginger-org. carrots

## Feb 27th: Carin Miles Birthday

Breakfast - Fried egg sandwich
Lunch - Prosciutto pinwheels, fruit
Dinner - Swiss steak, grn. bean w/alm., white rice, Waldorf salad
Dessert - Carrot Cake

## Feb 28th:

Breakfast - Cereal
Lunch -Chinese chicken salad
Dinner - Steak, baked potato, kale salad,

## Mar 1st:

Breakfast - Oatmeal
Lunch - Leftovers
Dinner - Chicken Marsala, pasta, peas, canned fruit

## Mar 2nd: Brian Stanely B-Day

Breakfast - Cereal
Lunch - Baked Potatoes w/works
Dinner - Ham, peas, crescent rolls, Waldorf salad
Mar 3rd:
Breakfast - Yogurt
Lunch - Taquitos
Dinner - Stroganoff, noodles, cornbread, kale salad
Mar 4th:
Breakfast - Cereal
Lunch - Hamburgers
Dinner - Pork Kabobs, couscous, green beans

## Mar 5th:

Breakfast - Pancakes \& Bacon
Lunch - Veggie tray, hummus \& pita chips
Dinner - Rigatoni, artichokes, Broccoli \& Cauliflower salad, biscuits
Mar 6th: Gage Rueland B-Day
Breakfast - Cereal
Lunch - French bread Pizza
Dinner - Fried Chicken, mashed potatoes, corn, fresh fruit

Mar 7th:
Breakfast - Grapefruit
Lunch - Hoagies
Dinner - Pork Roast, ranch potatoes, applesauce, fumi cabbage salad

## Mar 8th:

Breakfast - Oatmeal
Lunch - Won Ton Salad
Dinner - Stir Fry Chicken, white rice
Mar 9th:
Breakfast - Cereal
Lunch - Mac-n-cheese
Dinner - White Enchiladas, Spanish rice, stuffed tomatoes

## Mar 10th:

Breakfast - French toast
Lunch - Quesadillas
Dinner - Spaghetti, garlic bread, Waldorf salad
Mar 11th:
Breakfast - Cereal
Lunch - Nutella \& fruit
Dinner - Tacos (enough meat for salad on $12^{\text {th }}$ )
Mar 12th:
Breakfast - Oatmeal
Lunch - Taco Salad
Dinner - BBQ Hamburgers, chips, pasta salad
Mar 13th:
Breakfast - Fruit Smoothie
Lunch - BLT's - (cook enough for salad later)
Dinner - Beef Curry, white rice, Broccoli \& Cauliflower salad
Mar 14th:
Breakfast - Cereal
Lunch - Tortilla Wraps
Dinner - Orange chicken, couscous, green beans

Mar 15th:
Breakfast - Fried Egg Sandwich
Lunch - Top Ramen
Dinner - Pork chops ( cook 2 extra for $16^{\text {th }}$ ), applesauce, hash brns, fumi salad
Mar 16th:
Breakfast - Cereal
Lunch - Tuna Sandwiches
Dinner - Pork Fried rice

## Mar 17th: St. Patrick's Day

Breakfast - Oatmeal
Lunch - Seven layer dip w/chips
Dinner - Pasta e Fagioli, confetti salad

## Mar 18th:

Breakfast - Cereal
Lunch - Chicken Salad Sandwiches, crackers, fruit
Dinner - Tempura
Mar 19th:
Breakfast - Toasted Bagels
Lunch - Poppy seed Salad
Dinner - Pulled Pork, broccoli slaw, cornbread
Mar 20th:
Breakfast - Cereal
Lunch - Egg Salad Sandwiches, veggie tray
Dinner - Goulash
Mar 21st: Katie \& Travis Temple Anv/Jackie Rudeen B-Day
Breakfast - Scrambled eggs w/hash and bacon
Lunch - BBQ Hot dogs, chips, coleslaw
Dinner-Fajitas
Dessert - Snickdoodles
Mar 22nd:
Breakfast - Cereal
Lunch - Baked potato w/works
Dinner - Baked chicken, Alfredo noodles, peas

Mar 23rd:
Breakfast - Fruit Smoothie
Lunch - Chinese Chicken Salad
Dinner - Scottish Pie, wilted spinach
Mar 24th:
Breakfast - Cereal
Lunch - Creamed chicken on toast or mashed potatoes
Dinner - Lasagna, garlic bread, green salad
Mar 25th:
Breakfast - Cinnamon rolls
Lunch - Leftovers
Dinner - Katie's Turkey chili, cornbread, Kale salad
Mar 26th: Jody Stanley B-day/ Grammie \& Poppa Anv.
Breakfast - Creamed eggs on toast
Lunch - Turkey/Club sandwiches
Dinner - Swiss steak, white rice, green beans, homemade rolls
Dessert - Lemon Meringue Pie
Mar 27th:
Breakfast - Cereal
Lunch - Grilled cheese
Dinner - Tostadas

## Mar 28th:

Breakfast - Oatmeal
Lunch - Nachos
Dinner - Mongolian Beef BBQ, white rice
Mar 29th:
Breakfast - Cereal
Lunch - Fried Spam, veggie tray
Dinner - Crock Pot chicken dump stew, tortilla chips
Mar 30th:
Breakfast - Cantaloupe \& toast
Lunch - PB \& J
Dinner - Asian Glazed Chicken \& Noodles, stir fry veggies

## Mar 31st: Great Aunt Bev Huff Birthday

Breakfast - Cereal
Lunch - Hamburgers
Dinner - Stuffed Bell Peppers, brown rice, fried zucchini, fresh fruit

## Apr 1 ${ }^{\text {st: }}$ : General Conference - or whatever day it lands on

Breakfast - Cinnamon rolls, fruit tray
Lunch - Hoagie fixings, relish plate, chips
Dinner - Dump Chicken Stew
Dessert - Chocolate Chip Cookies

## Apr 2nd:

Breakfast - Cereal
Lunch - Hummus \& veggies \& pita chips
Dinner - Chimichanga, salad \& guacamole, kale salad

## Apr 3rd:

Breakfast - Fried Egg Sandwich
Lunch - Turkey Sandwiches \& crackers
Dinner - Red enchiladas, vinegar black beans, Caesar salad
Apr 4th:
Breakfast - Cereal
Lunch - Chili
Dinner - Orange chicken, couscous, wilted spinach

## Apr 5th:

Breakfast - French toast
Lunch - Tortilla Wraps
Dinner - Rigatoni, baked yam, Jell-O

## Apr 6th:

Breakfast - Cereal
Lunch - Poppy seed salad
Dinner - Swiss steak, white rice, green beans

## Apr 7th:

Breakfast - Oatmeal
Lunch - Nutella \& Fruit
Dinner - Tostadas, Spanish rice

Apr $8^{\text {th }}$ :
Breakfast - Cereal
Lunch - Chicken Salad Sandwich
Dinner - Chicken Marsala, green salad, canned fruit

## Apr 9th: Easter - or whatever day it lands on

Breakfast - Cinnamon rolls
Lunch - Top Ramen
Dinner - Ham, Potato bites, wilted spinach, rolls
Dessert - Rice Krispy Treats

## Apr 10th:

Breakfast - Creamed eggs on toast
Lunch - Leftover Ham, rolls, veggies
Dinner - Beef Curry, white rice, fumi cabbage salad

## Apr 11th:

Breakfast - Cereal
Lunch - Baked Potato
Dinner - White enchiladas, salsa, broccoli \& cauliflower w/dip

## Apr 12th:

Breakfast - Eggs - scrambled with bacon
Lunch - Top Ramen
Dinner - Stir Fry, white rice,

## Apr 13 ${ }^{\text {th }}$ : Jessica Huff

Breakfast - Cereal
Lunch - Mac-n-cheese
Dinner - Fried Chicken, mashed potatoes, corn

## Apr 14th: Mindy \& Quan's Anv.

Breakfast - Oatmeal
Lunch - Egg Salad Sandwich
Dinner - Pork Kabobs, potato salad, fresh fruit, spicy ginger-org. carrots

## Apr 15th:

Breakfast - Cereal
Lunch - Soup
Dinner - Scottish pie, Caesar salad, crescent rolls

## Apr 16th: G-ma Joyce Miles Birthday

Breakfast - Oatmeal

Lunch - Grilled hamburgers, grilled sweet potatoes
Dinner - Sunday Pot Roast, ranch potatoes, Fumi cabbage salad

## Apr 17th:

Breakfast - Eggs with hash browns
Lunch - Quesadillas
Dinner - Lasagna, green salad, garlic bread

## Apr 18th:

Breakfast - Cereal
Lunch - Leftovers
Dinner - Tostadas

## Apr 19th:

Breakfast - Fruit Smoothie
Lunch - Taco Salad
Dinner - Chicken \& rice, peas, canned fruit

## Apr 20th:

Breakfast - Cereal
Lunch - Tuna Sandwich
Dinner - Stroganoff, noodles, green beans

Apr $21^{\text {st. }}$
Breakfast - Oatmeal
Lunch - Seven layered dip
Dinner - Teriyaki chicken, jasmine rice, confetti salad

## Apr 22nd: Jennifer Huff B-Day

Breakfast - Cereal
Lunch - Nachos
Dinner - Pork chops, applesauce, yam casserole, broccoli slaw

## Apr 23rd:

Breakfast - Toasted Bagels \& Fruit
Lunch - PB \& J Sandwich
Dinner - Pork Fried Rice

## Apr 24th:

Breakfast - Cereal
Lunch - Fried Spam, fresh fruit, veggie tray
Dinner - Burritos, chips \& salsa, green salad
Apr 25th:
Breakfast - French toast
Lunch - Quesadillas
Dinner - Katie's Turkey chili, cornbread, broccoli \& cauliflower salad Dessert - Oatmeal Cookies

## Apr 26th:

Breakfast - Cantaloupe \& Toast
Lunch - BLT's
Dinner - Baked Chicken, Alfredo noodles, peas, canned fruit

## Apr 27th:

Breakfast - Oatmeal
Lunch - Hot dogs
Dinner - Asian Peanut noodles, stir fry veggies, egg rolls

## Apr 28th:

Breakfast - Cereal
Lunch - Grilled cheese
Dinner - Tacos, guacamole

## Apr 29th: Dave Miles Birthday

Breakfast - Cereal
Lunch - French bread Pizza
Dinner - Lasagna, Garlic Bread, Frozen Peas
Dessert - Cake \& Ice Cream

## Apr 30th:

Breakfast - Cereal
Lunch - Chinese Chicken Salad
Dinner - Spaghetti, garlic bread, green salad

May 1st:
Breakfast - Oatmeal
Lunch - Baked potato w/works
Dinner - Salisbury steak, flat noodles, Caesar salad

## May 2nd: Kelsi Johnson Birthday

Breakfast - Pancakes
Lunch - BLT's, chips, broccoli slaw
Dinner - Red Enchiladas, Spanish rice, peas, canned pears
Dessert - Elder's Quorum Dessert

## May 3rd:

Breakfast - Cereal
Lunch - Top Ramen
Dinner - Stir Fry Chicken, white rice, fzn stir-fry veggies
May 4th:
Breakfast - Cantaloupe
Lunch - French bread Pizza
Dinner - Chicken Marsala, pasta \& marinara, green salad
May 5th: Logan Johnson Birthday/ Mindy Quan
Breakfast - Cereal
Lunch - PB \& J's. veggie tray
Dinner - Tacos
Dessert - Brownies

## May 6th:

Breakfast - Bagels
Lunch - Seven layered dip \& chips
Dinner - Glazed Pork Roast, Cajun Potatoes, Broccoli slaw
May 7th:
Breakfast - Cereal
Lunch - Pork fried rice
Dinner - BBQ Hamburgers, coleslaw, summer chutney
May 8th: Katelyn Rudeen B-Day
Breakfast - Scrambled eggs \& Bacon
Lunch - Top Ramen
Dinner - Orange Chicken, couscous, wilted spinach

May 9th:
Breakfast - Cereal
Lunch - Hot Dogs, fresh fruit
Dinner - Goulash, garlic bread, green salad
May 10th:
Breakfast - Cream of Wheat
Lunch - Tuna fish sandwiches, crackers
Dinner - Teriyaki chicken, white rice, frz. Peas, spinach/strawberry salad
May 11th:
Breakfast - Cereal
Lunch - Hoagies
Dinner - Tostadas
May 12th:
Breakfast - Oatmeal
Lunch - Nachos
Dinner - Chicken \& rice, Waldorf salad, frz corn
May 13th:
Breakfast - Cereal
Lunch - Mac-n-cheese
Dinner - Pork Kabobs-peppers \& onions \& squash, brown rice, Kale salad Dessert - Fruit Cobbler

May 14th:
Breakfast - Yogurt
Lunch - Tortilla wraps
Dinner - Baked Chicken, frz peas, Alfredo noodles, canned fruit
May 15th:
Breakfast - Cereal
Lunch - Chinese chicken salad
Dinner - Mongolian Beef BBQ, white rice, fresh fruit
May 16th:
Breakfast - Cereal
Lunch - Baked potato w/ works
Dinner - Spaghetti, garlic bread, kale salad

May 17th:
Breakfast - Oatmeal
Lunch - Poppy seed salad
Dinner - Stroganoff, flat noodles, spinach/strawberry salad
May 18th:
Breakfast - Cereal
Lunch - Hummus, veggies \& pita chips
Dinner - Fried chicken, mashed potatoes, frz grn beans, fresh fruit
May 19th:
Breakfast - Cinnamon Toast
Lunch - Hamburgers, crackers, fresh fruit
Dinner - Crock-pot chicken dump stew \& chips, broccoli \& cauli w/dip
May 20th:
Breakfast - Cereal
Lunch - Quesadillas
Dinner - Swiss steak, white rice, frz grn beans

## May 21st: Peter Quan B-Day

Breakfast - Bagels
Lunch - Egg Salad sandwiches
Dinner - Katie Turkey chili, cornbread, broccoli slaw
May 22nd:
Breakfast - Cereal
Lunch - Taquitos, guacamole
Dinner - Beef Curry, white rice, canned pineapple
May 23rd:
Breakfast - Oatmeal
Lunch - Grilled Cheese sandwiches
Dinner - Tostadas
May 24th:
Breakfast - Cereal
Lunch - Taco Salad
Dinner - Lumpia, white rice, veggie tray

May 25 ${ }^{\text {th }}$ : Memorial Day
Breakfast - Cereal
Lunch - Chili
Dinner - BBQ Tri tip roast, grilled veggies, fresh fruit, garlic bread, pasta salad

## May 26 ${ }^{\text {th }}$ : Hayden Miles Birthday

Breakfast - French toast
Lunch - Hamburgers, chips, broccoli slaw
Dinner - Red Enchiladas, Spanish rice, peas, canned pears
Dessert - Snickerdoodle Cookies
May 27th:
Breakfast - Cereal
Lunch - Leftovers
Dinner - BBQ Ribs, coleslaw, cornbread, summer chutney
May 28th:
Breakfast - Grapefruit
Lunch - Club sandwiches
Dinner - Asian glazed chicken \& noodles, Jell-O salad, frz corn
May 29th:
Breakfast - Scrambled eggs \& hash browns
Lunch - Nutella \& fruit
Dinner - Carne Asada Tacos, grilled sweet potatoes, fresh fruit
May 30th:
Breakfast - Oatmeal
Lunch - Fried spam, fresh fruit, veggie tray
Dinner - Lasagna, garlic bread, green salad
May 31st:
Breakfast - Cereal
Lunch - Leftovers
Dinner - BBQ Chicken, broccoli \& cauliflower salad, grilled red potatoes \& squash.

June 1st: House Anniversary
Breakfast - Cereal
Lunch - Top Ramen
Dinner - Crock-pot chicken dump stew

## June 2nd: Robert Huff Birthday

Breakfast - Scrambled eggs \& bacon
Lunch - Hummus \& veggies \& pita chips
Dinner - Red Enchiladas, Spanish rice, fresh fruit
June 3rd:
Breakfast - Cereal
Lunch - Quesadillas
Dinner - Asian Peanut noodles w/chicken, stir-fry veggies, fresh fruit
June 4th: Poppa Jim Rudeen Birthday
Breakfast - French Toast \& Bacon
Lunch - Tuna fish Sandwiches, crackers
Dinner - Meatloaf, mashed potatoes, stuffed tomatoes
Dessert - Cheesecake
June 5th:
Breakfast - Oatmeal
Lunch - Nutella \& fruit
Dinner - Swiss steak, white rice, green beans, crescent rolls
June 6th:
Breakfast - Cereal
Lunch - BLT's
Dinner - Lasagna, garlic bread, green salad
June 7th:
Breakfast - Toast
Lunch - Leftovers
Dinner - Fajitas, guacamole \& salsa

## June 8th:

Breakfast - Oatmeal
Lunch - Hot dogs
Dinner - Chicken \& rice, fzn peas, canned fruit
June 9th:
Breakfast - Cereal
Lunch - French Bread Pizza
Dinner - Stroganoff, flat noodles, green beans

June 10th: Sierra Miles Birthday
Breakfast - Pancakes, fresh fruit
Lunch - Chinese Chicken salad
Dinner - Fried chicken, Ranch potatoes, coleslaw, corn on the cob, fruit
Dessert - Chocolate Chip Cookies
June 11th:
Breakfast - Cereal
Lunch - PB \& J's
Dinner - BBQ Chicken, grilled veggies, fresh fruit

June 12th:
Breakfast - Fruit Smoothie
Lunch - Mac-n-cheese
Dinner - Spring Rolls, white rice, stir fry veggies
June 13th:
Breakfast - Cereal
Lunch - Egg Salad sandwiches
Dinner - Tacos
June 14th: Jody \& Brian Stanley Anv.
Breakfast - Cereal
Lunch - Nachos
Dinner - Rigatoni, fzn peas, crescent rolls
June 15th:
Breakfast - Cereal
Lunch - Chicken salad sandwiches
Dinner - Tri Tip, baked potatoes, broccoli \& cauliflower salad, garlic bread
June 16th:
Breakfast - Cereal
Lunch - Tortilla wraps
Dinner - Lumpia, white rice, veggie tray
June 17th:
Breakfast - Cereal
Lunch - Grilled cheese
Dinner - Stuffed bell pepper, ranch potatoes, broccoli slaw

# June 18th: Alex Quan B-Day 

Breakfast - Cantaloupe
Lunch - BBQ Hamburgers, spicy ginger-org. carrots
Dinner - Chimichanga, green salad, fresh fruit
Dessert - Strawberry Shortcake
June 19th:
Breakfast - Fruit Smoothie
Lunch - Hoagies
Dinner - Pork Kabobs, couscous, grilled veggies, fresh fruit

June 20th:
Breakfast - Cereal
Lunch - Chinese Chicken salad
Dinner - Salisbury steak, flat noodles, frz peas, canned fruit
June 21st:
Breakfast - Cream of Wheat
Lunch - Turkey sandwiches
Dinner - BBQ Chicken sticks, brown rice, confetti spicy salad, biscuits
June 22nd:
Breakfast - Toast
Lunch - Seven layered dip
Dinner - Moo-Shoo Chicken, pasta, stir fry veggies, fresh fruit

June 23rd:
Breakfast - Fried egg sandwich
Lunch - Baked potatoes
Dinner - Pork chops, applesauce, green beans, cornbread
June 24th:
Breakfast - Oatmeal
Lunch - Pork fried rice
Dinner - Tostadas

June 25th:
Breakfast - Toasted Bagels
Lunch - Taco salad
Dinner - BBQ Hamburger, coleslaw

## June 26th:

Breakfast - Grapefruit
Lunch - Poppy seed salad
Dinner - Beef Curry, white rice, artichokes

June 27th:
Breakfast - Cereal
Lunch - Hummus \& veggie tray \& pita chips
Dinner - Fried Chicken, mashed potatoes, corn on the cob, fresh fruit
June 28th:
Breakfast - Yogurt
Lunch - PB \& J's
Dinner - Spaghetti, garlic bread, kale salad
Dessert - Cheesecake

June 29th:
Breakfast - Oatmeal
Lunch - Quesadillas
Dinner - BBQ Steak, grilled veggies, fresh fruit
June 30th:
Breakfast - Scrambled eggs \& bacon
Lunch - Mac-n-cheese
Dinner - Chicken Marsala, pasta, green salad, garlic bread
July $1^{\text {st. }}$
Breakfast - Cream of wheat
Lunch - French Bread Pizza
Dinner - Thai Pork Salad
July 2nd:
Breakfast - Cereal
Lunch - Baked Potato w/works
Dinner - Lasagna, garlic bread, green salad
July 3rd:
Breakfast - Yogurt
Lunch - PB \& J's
Dinner - Tex-Mex Chicken, Kale salad

July 4th: Fourth of July
Breakfast - Cereal
Lunch - Hot dogs, Fumi Salad, Potato chips, Watermelon
Dinner - BBQ Ribs, Hamburgers 4 patties, Cali/Brocc. Salad, Corn on the Cob
Dessert - Root Beer Floats
July 5th:
Breakfast - Oatmeal
Lunch - Chinese Chicken Salad
Dinner - Chicken \& rice, peas, canned fruit
July 6th: Katie Miles Birthday
Breakfast - Pancakes
Lunch - Turkey Sandwiches, Fumi Salad, Potato chips, Watermelon
Dinner - Tacos \& Enchiladas,
Dessert - Elder's Quorum Dessert
July 7th:
Breakfast - Cereal
Lunch - Taco Salad
Dinner - BBQ Hamburgers, coleslaw, grilled veggies
July 8th: Riley Johnson Birthday
Breakfast - Pancakes
Lunch - Cream chicken over mashed potatoes
Dinner - Pork Chop, couscous, fresh fruit, peas
Dessert - Rice Krispy Treats
July 9th:
Breakfast - Cereal
Lunch - Egg Salad Sandwiches
Dinner - Stroganoff, flat noodles, corn, fresh fruit
July 10th:
Breakfast - Cereal
Lunch - Mac-n-cheese
Dinner - Baked Chicken, brown rice, broccoli \& cauli salad, fresh fruit
July 11th: Travis Miles Birthday
Breakfast - Pancakes \& sausage
Lunch - Hoagies \& chips
Dinner - Chicken Chimichangas, veggie tray
Dessert - German Chocolate Cake

July 12th: Kelsi \& Jason Johnson Indiana Anv.
Breakfast - Eggs \& hash browns
Lunch - Taquitos, salsa \& guacamole
Dinner - Swiss Steak, white rice, grn. Beans
July $13^{\text {th }}$ :
Breakfast - Cereal
Lunch - Poppy seed Salad
Dinner - Asian Glazed Chicken \& noodles
July $14^{\text {th }}$ :
Breakfast - Toast w/jelly
Lunch - Leftovers
Dinner - Spaghetti, garlic bread, green salad
July $15^{\text {th }}$ :
Breakfast - Grapefruit
Lunch - Nachos
Dinner - BBQ Chicken, white rice, Waldorf salad, spicy ginger-org. carrots
July $16^{\text {th }}$ :
Breakfast - Cereal
Lunch - Top Ramen
Dinner - Fajitas, guacamole \& salsa
July $17^{\text {th }}$ :
Breakfast - Yogurt
Lunch - Hoagies
Dinner - Mongolian Beef BBQ, white rice, stir-fry veggies, canned fruit
July 18th: Great Aunt Bev (Seguine) Leslie Birthday
Breakfast - Pancakes
Lunch - BLT's
Dinner -Steak, grilled veggies, baked potatoes, fresh fruit
July $19^{\text {th }}$ :
Breakfast - Cereal
Lunch - Leftovers
Dinner - Burritos

July $20^{\text {th }}$ :
Breakfast - Toasted Bagels
Lunch - Chicken Salad Sandwiches
Dinner - Asian Peanut Noodles w/chicken
July 21st:
Breakfast - Cereal
Lunch - Hummus \& veggies \& pita chips
Dinner - BBQ Tri-tip Roast, grilled veggies, potato salad, fresh fruit
July 22nd:
Breakfast - Fruit Smoothie
Lunch - Seven-layer dip
Dinner - Goulash, green salad, garlic bread
July 23rd:
Breakfast - Cereal
Lunch - Tortilla wraps
Dinner - Pork Roast, cajun potatoes, green beans, applesauce
July $24^{\text {th }}$ :
Breakfast - Grapefruit
Lunch - Pork Fried Rice
Dinner - BBQ Hot dogs, chips, veggie tray

July $25^{\text {th }}$ :
Breakfast - Cereal
Lunch - Won Ton Salad
Dinner - Tacos
July $26^{\text {th }}$ :
Breakfast - Pancakes
Lunch - Tuna fish Sandwiches
Dinner - Teriyaki Chicken, couscous, peas, canned fruit

July $27^{\text {h: }}$
Breakfast - Cereal
Lunch - Quesadillas
Dinner - Beef Curry, white rice, kale salad

July $28^{\text {th }}$ :
Breakfast - Fruit Smoothie
Lunch - Chicken Salad Sandwiches
Dinner - Salisbury Steak, flat noodles, Confetti salad, grn beans
July 29 ${ }^{\text {th }}$ :
Breakfast - Toasted Bagels
Lunch - Nutella \& Fruit
Dinner - BBQ Hamburgers, broccoli slaw, corn on the cob, fresh fruit
July 30th:
Breakfast - Fried Egg
Lunch - PB \& J
Dinner - Pork Kabobs, brown rice, grilled veggies, fresh fruit

July 31st:
Breakfast - Cereal
Lunch - Grilled Cheese Sandwiches
Dinner - Stir Fry Chicken, white rice, stir-fry veggies

## Aug 1st:

Breakfast - Cantaloupe
Lunch - French Bread Pizza
Dinner - BBQ Chicken, brown rice, corn-on-the-cob, coleslaw
Aug 2nd:
Breakfast - Cereal \& milk
Lunch - Egg Salad Sandwiches
Dinner - Lumpia, Fumi Salad

## Aug 3th: Katie \& Travis Miles Wedding Anniversary

Breakfast - Pancakes, fresh fruit, \& bacon
Lunch - Turkey Sandwiches, Fumi Salad, Potato chips, Watermelon
Dinner - Tacos, guacamole, salsa \& chips
Dessert - Lemon/Raspberries Napoleons
Aug 4th:
Breakfast - Cereal \& milk
Lunch - Nachos
Dinner - Chicken \& rice, peas, fresh fruit

Aug 5th:
Breakfast - Cream of Wheat \& milk
Lunch - Hamburgers \& Veggie Tray
Dinner - Orange Chicken, couscous, green beans, canned fruit

## Aug 6th:

Breakfast - Cereal \& milk
Lunch - Tortilla wraps
Dinner - Salisbury Steak, flat noodles, Kale salad

Aug 7th:
Breakfast - Fried egg sandwich \& juice
Lunch - Nutella \& fruit
Dinner - Teriyaki Chicken, white rice, Fumi Salad

## Aug 8th:

Breakfast - Cereal \& milk
Lunch - Hoagies
Dinner - Pork Roast, ranch potatoes, kale salad, fresh fruit

## Aug 9th:

Breakfast - Fruit Smoothie
Lunch - Pork Fried Rice
Dinner - BBQ Steak, grilled veggies \& red potatoes, waldorf salad

## Aug 10th:

Breakfast - Oatmeal \& milk
Lunch - PB \& J sandwiches
Dinner - Beef Curry, white rice, peas

## Aug 11th: Dave \& Carin Miles Wedding Anv. - 1987

Breakfast - Cereal
Lunch - Prosciutto Pinwheels
Dinner - Lasagna, garlic bread, green salad
Dessert - Tapioca Pudding
Aug 12th:
Breakfast - Toast w/jelly
Lunch - BLT's
Dinner - Asian Glazed Chicken \& noodles, broccoli slaw

## Aug 13th:

Breakfast - Cereal \& milk
Lunch - Hummus \& veggies \& pita chips
Dinner - Tostadas
Aug 14th:
Breakfast - Yogurt
Lunch - Seven layered dip w/chips
Dinner - Mongolian Beef BBQ, white rice

## Aug 15th:

Breakfast - Cereal \& milk
Lunch - Quesadillas
Dinner - Crock-pot Chicken dump stew \& chips, fresh fruit

## Aug 16th:

Breakfast - Toasted Bagels
Lunch - Tuna Sandwiches
Dinner - Thai pork salad, spicy ginger, orange carrots

## Aug 17th:

Breakfast - Cereal \& milk
Lunch - Mac-n-cheese
Dinner - Fajitas

## Aug 18th:

Breakfast - Grapefruit
Lunch - Fried Spam \& veggie tray
Dinner - Stroganoff, flat noodles, green beans, fresh fruit

## Aug 19th:

Breakfast - Cereal \& milk
Lunch - Top Ramen
Dinner - BBQ Hamburgers, broccoli \& cauliflower \& dip

## Aug 20th:

Breakfast - Scrambled eggs \& hash browns
Lunch - Grilled Hot Dogs, coleslaw
Dinner - BBQ Chicken Sticks, white rice, grilled veggies

Aug 21st:
Breakfast - Cereal \& milk
Lunch - Chicken salad sandwiches
Dinner - Stroganoff, noodles, kale salad, fresh fruit
Aug 22nd:
Breakfast - Oatmeal \& milk
Lunch - Corn on the cob
Dinner - Tacos \& Spanish rice
Aug 23rd:
Breakfast - Cereal \& milk
Lunch - Taco Salad
Dinner - Spaghetti, garlic bread, green salad

Aug 24th:
Breakfast - Yogurt
Lunch - Quesadillas
Dinner - Stir Fry chicken, stir fry veggies

## Aug 25th: Grammie Ruth Rudeen Birthday

Breakfast - Cinnamon rolls, milk
Lunch - Chinese Chicken Salad
Dinner - Swiss Steak, white rice, green beans, fresh fruit
Dessert - Carrot Cake

## Aug 26th:

Breakfast - Cereal \& milk
Lunch - Leftovers
Dinner - Fried Chicken, mashed potatoes, corn

## Aug 27th:

Breakfast - Fried egg Sandwich \& juice
Lunch - Baked Potato
Dinner - BBQ Tri tip, garlic bread, grilled veggies, fresh fruit

## Aug 28th:

Breakfast - Cereal \& milk
Lunch - Mac-n-cheese
Dinner - Pork Won Ton Salad

Aug 29th:
Breakfast - Fruit Smoothie
Lunch - Poppy seed Salad
Dinner - Red enchiladas, Spanish rice, green salad

## Aug 30th:

Breakfast - Cereal \& milk
Lunch - Hummus \& veggies \& pita chips
Dinner - BBQ Hamburgers, artichokes, fresh fruit
Aug 31st:
Breakfast - Oatmeal \& milk
Lunch - Grilled cheese sandwiches
Dinner - Pork kabobs, couscous, grilled veggies

Sep $1^{\text {st. }}$
Breakfast - Cantaloupe
Lunch - Hot dogs, coleslaw
Dinner - Chicken Marsala, flat noodles, green beans
Sep $2^{\text {nd: }}$
Breakfast - Oatmeal
Lunch - Hummus \& veggies \& pita chips
Dinner - Swiss Steak, white rice, broccoli slaw

## Sep 3 ${ }^{\text {rd }}$ : Michael Quan B-day

Breakfast - Fruit Smoothie
Lunch - French Bread Pizza
Dinner - BBQ Chicken, couscous, coleslaw

## Sep 4th:

Breakfast - Cereal
Lunch - Baked Potatoes
Dinner - Spaghetti, garlic bread, green salad, fresh fruit

## Sep 5th:

Breakfast - Yogurt
Lunch - Club Sandwiches
Dinner - Tacos, Spanish Rice, veggie tray

## Sep 6th:

Breakfast - Oatmeal
Lunch - Quesadillas
Dinner - Stir Fry Chicken, white rice, fresh fruit

## Sep 7th:

Breakfast - Cereal
Lunch - Hot dogs
Dinner - Tostadas

## Sep 8th:

Breakfast - Cereal
Lunch - Taco Salads
Dinner - BBQ Hamburgers, coleslaw, fresh fruit

## Sep 9th:

Breakfast - Fried Egg Sandwiches
Lunch - Mac-n-cheese
Dinner - Fried Chicken, mashed potatoes, corn on the cob

## Sep 10th:

Breakfast - Cereal
Lunch - Nutella \& Fruit
Dinner - Salisbury Steak, flat noodles, peas

## Sep 11th: Never forget

Breakfast - Cereal
Lunch - PB \& J Sandwiches
Dinner - Pork Chops, applesauce, ranch potatoes, broccoli \& cauliflower

## Sep 12th:

Breakfast - Oatmeal
Lunch - Won Ton Salad
Dinner - Crock Pot Chicken Stew, chips \& salsa

## Sep 13th:

Breakfast - Cereal
Lunch - Pork Fried Rice
Dinner - BBQ Hot dogs, fresh fruit, veggie tray

## Sep 14th: Kelsi \& Jason Mexico Anniversary

Breakfast - Pancakes \& bacon
Lunch - 7-layer dip \& chips
Dinner - Lasagna, garlic bread, grn salad
Dessert - Crème Brulee

## Sep 15th:

Breakfast - Cereal
Lunch - Leftovers
Dinner - Chicken \& Rice, green salad, canned fruit

## Sep 16th:

Breakfast - Grapefruit
Lunch - Chicken Salad Sandwiches
Dinner - Beef Curry, white rice, broccoli slaw
Sep 17th:
Breakfast - Cereal
Lunch - Quesadillas
Dinner - Rigatoni, garlic bread, Kale salad

## Sep 18th:

Breakfast - Toast w/jelly
Lunch - Tortilla wraps
Dinner - Ham, potato bites, fruit salad

## Sep 19th: Linda Miles B-day

Breakfast - Cereal
Lunch - BLT's
Dinner - Mongolian Beef BBQ, stir-fry veggies, white rice

## Sep 20th:

Breakfast - Creamed eggs on toast
Lunch - Chinese Chicken Salad
Dinner - Tacos
Sep 21st:
Breakfast - Fruit Smoothie
Lunch - Nachos
Dinner - BBQ Chicken Sticks, grilled veggies, fresh fruit

## Sep 22nd:

Breakfast - Oatmeal
Lunch - Egg Salad Sandwiches
Dinner - BBQ Steak, baked potatoes, green beans
Sep 23rd:
Breakfast - Cereal
Lunch - Top Ramen
Dinner - Scottish pie, peas, green salad
Sep 24th:
Breakfast - Cereal
Lunch - Chili
Dinner - Baked chicken, alfredo noodles, corn, kale salad

## Sep 25th: Rob \& Jennifer Huff Anv.

Breakfast - Scrambled eggs, hash browns \& bacon
Lunch - BBQ Hamburgers, veggie tray
Dinner - White enchiladas, Spanish Rice, fried zucchini
Dessert - Root Beer Floats
Sep 26th:
Breakfast - Toasted Bagels
Lunch - Fried Spam
Dinner - Mongolian Beef BBQ, white rice, stir-fry veggies
Sep 27th:
Breakfast - Cereal
Lunch - Tuna Sandwiches
Dinner - Sweet \& Sour chicken, jasmine rice, romaine salad, Jell-O salad

## Sep 28th:

Breakfast - Cream of Wheat
Lunch - Grilled Cheese
Dinner-Fajitas

## Sep 29th:

Breakfast - Cereal
Lunch - Baked Potatoes
Dinner - BBQ Chicken, white rice, Caesar salad, spicy ginger, orange carrots

Sep 30th: Jason Johnson B-Day
Breakfast - French Toast \& sausage
Lunch - Chinese Chicken Salad
Dinner - Chimichanga, salsa, veggie tray, vinegar black beans
Dessert - Chocolate Crinkle Cookies

## Oct $1^{\text {st. }}$ : General Conference or whatever day it lands on

Breakfast - Cinnamon Rolls
Lunch - Hoagies, chips, veggie tray
Dinner - Scottish Pie, peas, Caesar salad
Dessert - Lemon Meringue Pie
Oct $1^{\text {st }}$
Breakfast - Leftover Cinnamon Rolls
Lunch - Egg Salad Sandwiches
Dinner - Asian Peanut Noodles w/chicken, fresh fruit
Oct $3^{\text {rd }}$
Breakfast - Cereal
Lunch - Nutella \& fruit
Dinner - Lasagna, garlic bread, green salad
Oct $4^{\text {th }}$
Breakfast - Cantaloupe
Lunch - French Bread Pizza
Dinner - Orange Chicken, couscous, green beans
Oct $5^{\text {th }}$
Breakfast - Oatmeal
Lunch - Top Ramen
Dinner - Pork chop, broccoli \& cauliflower salad, applesauce, fried potatoes
Oct $6^{\text {th }}$
Breakfast - Cereal
Lunch - BLT's
Dinner - Swiss Steak, white rice, cornbread, kale salad

## Oct $7^{\text {th }}$

Breakfast - Scrambled eggs w/hash browns
Lunch - Hummus \& veggies \& pita chips
Dinner - Ham, ranch potatoes, corn, applesauce

## Oct $8^{\text {th }}$

Breakfast - Cereal
Lunch - Hot Dogs, spicy ginger orange carrots
Dinner - Tostadas

Oct ${ }^{\text {th }}$
Breakfast - Toasted Bagels
Lunch - Seven layered dip w/chips
Dinner - Fried Chicken, mashed potatoes, corn on the cob

## Oct 10 ${ }^{\text {th }}$

Breakfast - Cereal
Lunch - Baked Potato w/works
Dinner - Beef Curry, white rice, Jell-O salad

## Oct 11 ${ }^{\text {th }}$

Breakfast - Cinnamon Toast
Lunch - Fried Spam
Dinner - Pasta Fagioli, veggie tray

## Oct 12 ${ }^{\text {th }}$

Breakfast - Oatmeal
Lunch - Turkey Sandwiches
Dinner - Chicken Fajitas, salsa \& guac

## Oct $13^{\text {th }}$

Breakfast - Cereal
Lunch - Taquitos, Salsa \& Guacamole
Dinner - Pork Kabobs, canned fruit -pineapple,

## Oct 14 ${ }^{\text {th }}$

Breakfast - Fried Egg Sandwich
Lunch - Chinese Chicken Salad
Dinner - Stroganoff, flat noodles, green beans, cornbread

Oct $15^{\text {th }}$
Breakfast - Cereal
Lunch - Quesadillas
Dinner - Spaghetti, garlic bread, romaine salad

## Oct 16 ${ }^{\text {th: }}$ Matthew Huff Birthday

Breakfast - Grapefruit
Lunch - Chili
Dinner - Pot Roast, Ranch potatoes, fresh berries, corn
Oct 17 ${ }^{\text {th }}$
Breakfast - Cereal
Lunch - Tuna fish Sandwiches
Dinner - Tostadas

## Oct 18th: Mike Rudeen Birthday

Breakfast - Scrambled eggs w/Bacon
Lunch - Taco Salad
Dinner - Lumpia, white rice, stir fry veggies, fresh fruit
Dessert - Crème Brulee
Oct 19 ${ }^{\text {th }}$
Breakfast - Cereal
Lunch - Leftovers
Dinner - Chicken \& rice, peas, stuffed tomatoes

## Oct 20th

Breakfast - Oatmeal
Lunch - Hamburgers
Dinner - White enchiladas, Spanish rice, broccoli slaw
Oct $21^{\text {st }}$
Breakfast - Cereal
Lunch - Mac-n-cheese
Dinner - Pork Roast, Cajun potatoes, peas, Waldorf salad

## Oct 22nd: Walter Quan B-Day

Breakfast - Fruit Smoothie
Lunch - Pork Fried Rice
Dinner - Orange Chicken, couscous, green beans

Oct $23^{\text {rd }}$
Breakfast - Cereal
Lunch - Pork Won Ton Salad
Dinner - Salisbury Steak, flat noodles, corn, fresh fruit

## Oct 24 ${ }^{\text {th }}$

Breakfast - Scones \& clotted cream
Lunch - Baked Potato w/works
Dinner - Goulash, garlic bread, Caesar salad
Oct 25 ${ }^{\text {th }}$
Breakfast - Oatmeal
Lunch - Chicken Salad Sandwiches
Dinner - Chimichangas, green salad
Oct 26 ${ }^{\text {th }}$
Breakfast - Cereal
Lunch - Quesadillas
Dinner - Mongolian Beef BBQ, stir-fry veggies, white rice
Oct $27^{\text {th }}$
Breakfast - Cream of Wheat
Lunch - PB \& J's
Dinner - Tacos
Oct 28 ${ }^{\text {th }}$
Breakfast - Cereal
Lunch - Nachos
Dinner - BBQ Hamburgers, veggie tray, coleslaw
Oct 29 ${ }^{\text {th }}$
Breakfast - Yogurt
Lunch - Hoagies
Dinner - Crock-pot chicken dump stew, corn tortillas, fresh fruit
Oct $30^{\text {th }}$
Breakfast - Cereal
Lunch - Grilled Cheese
Dinner - Pork, yam \& apple stew, crescent rolls, broccoli \& cauliflower w/ ranch dip

## Oct 31st: Halloween

Breakfast - Oatmeal
Lunch - Skeleton Relish Plate, Hummus \& Pita Chips
Dinner -Katie's Turkey Chili, Cornbread, Wilted Spinach
Nov 1st
Breakfast - Cereal
Lunch - Won Ton Salad
Dinner - Salisbury Steak, flat noodles, green beans, canned fruit
Nov 2nd
Breakfast - Pancakes, bacon, fresh fruit
Lunch - Veggie tray w/dip
Dinner - Spaghetti, garlic bread, Caesar salad
Nov 3rd
Breakfast - Oatmeal
Lunch - Hot dogs
Dinner - Baked Chicken, Biscuits, Wilted Spinach, Baked Yams
Nov 4th
Breakfast - Cinnamon Rolls
Lunch - Poppy seed Salad
Dinner - Pasta Fagioli, homemade breadsticks
Nov 5th
Breakfast - Cereal
Lunch - Nutella \& fruit
Dinner - Jesse's Jambalaya, broccoli \& cauliflower w/ranch dip
Nov 6th
Breakfast - Toasted Bagels
Lunch - Nachos
Dinner - Pork chops, potato bites, applesauce
Nov 7th
Breakfast - Cereal
Lunch - Chili
Dinner - Tempura, stir-fry veggies, white rice

Nov 8th
Breakfast - Grapefruit
Lunch - BLT sandwiches
Dinner - Tex-Mex Chicken, veggie tray, Jell-O
Nov 9th
Breakfast - Cereal
Lunch - Top Ramen
Dinner - Chimichanga, Guacamole, salsa, peas
Nov 10th
Breakfast - Cinnamon Toast
Lunch - Mac-n-cheese
Dinner - Katie's Turkey Chili, cornbread, spicy confetti salad
Nov $11^{\text {th }}$ - Veterans Day
Breakfast - Cereal
Lunch - Fried Spam
Dinner - Stroganoff, flat noodles, green beans, Crescent roles
Nov 12th
Breakfast - Scrambled eggs, bacon, fruit
Lunch - Hoagies
Dinner - Red enchiladas, Spanish rice, broccoli slaw
Nov 13th
Breakfast - Cereal
Lunch - Seven layered dip w/ chips
Dinner - Ham, baked potatoes, fried zucchini, fried apples
Nov 14th: Sam Miles Birthday
Breakfast - Oatmeal
Lunch - Chinese chicken salad
Dinner - Lasagna, garlic bread, green salad
Dessert - Caramels
Nov 15th
Breakfast - Cereal
Lunch - Leftovers
Dinner - Crock Pot Chicken dump stew, fruit salad

## Nov 16th

Breakfast - Yogurt
Lunch - French bread pizza
Dinner - Chicken Marsala, noodles, peas
Nov 17th
Breakfast - Cereal
Lunch - Egg salad sandwiches
Dinner - Beef stew, biscuits, green salad
Nov 18th
Breakfast - Oatmeal
Lunch - Hummus \& veggies \& pita chips
Dinner - Tamale pie, Fumi cabbage salad
Nov 19th
Breakfast - Cream of Wheat
Lunch - Grilled cheese sandwiches
Dinner - Mongolian Beef BBQ, white rice
Nov 20th
Breakfast - Cereal
Lunch - Baked potato w/works
Dinner - BBQ Hamburgers, broccoli slaw, spicy ginger-org. carrots
Nov 21st
Breakfast - Oatmeal
Lunch - PB \& J sandwiches
Dinner - Fried Chicken, green beans, mashed potatoes
Nov 22 ${ }^{\text {nd: }}$ : Jackie \& Trevor Williams Anv.
Breakfast - Toasted Bagels
Lunch - Quesadillas
Dinner - Glazed pork roast, Cajun potatoes, green beans, canned fruit
Nov 23rd
Breakfast - Cereal
Lunch - Pork fried rice
Dinner - Tostadas

Nov 24th
Breakfast - Fried egg sandwich
Lunch - Taco salad
Dinner - Chicken potpie, stuffed tomatoes
Nov 25th
Breakfast - Cereal
Lunch - Soup
Dinner - Spring rolls, white rice, stir fry veggies
Nov 26th: Whatever Thursday Thanksgiving lands on.
Breakfast - Toast \& jelly
Lunch - Turkey, mashed potatoes, sweet potato casserole, relish plate, cranberry sauce, fruit salad, homemade rolls
Dessert - Pumpkin pie, apple pie, lemon meringue
Dinner - Leftovers
Nov 27th
Breakfast - Cereal
Lunch - Turkey sandwiches
Dinner - Tacos

## Nov 28th

Breakfast - Oatmeal
Lunch - Creamed turkey over mashed potatoes
Dinner - Mongolian Beef BBQ, white rice, stir-fry veggies, fresh fruit
Nov 29th
Breakfast - Yogurt
Lunch - Hamburger
Dinner - White enchiladas, vinegar black beans, green salad

## Nov 30th

Breakfast - Cereal
Lunch - Tuna fish sandwich
Dinner - Meatloaf, baked potatoes, peas, fresh fruit

## Dec 1st

Breakfast - Cereal
Lunch - Quesadillas
Dinner - Sweet-n-Sour chicken, white rice, broccoli \& cauliflower salad

## Dec 2nd

Breakfast - Scrambled eggs, bacon, fruit
Lunch - Veggie tray w/dip
Dinner - Pork apple \& yam stew, homemade rolls

## Dec 3rd

Breakfast - Oatmeal
Lunch - Fried Spam, fresh fruit
Dinner - White enchiladas, Spanish rice, peas

## Dec 4th

Breakfast - Grapefruit
Lunch - Grilled Cheese Sandwiches
Dinner - Stroganoff, flat noodles, green salad

## Dec 5th

Breakfast - Cereal
Lunch - Seven layered dip w/chips
Dinner - Pigs in a blanket, broccoli slaw
Dec 6 ${ }^{\text {th }}$ - Rachel Quan's B-Day
Breakfast - Pancakes, bacon, fresh fruit
Lunch - Hummus, veggies \& pita chips
Dinner - Mongolian Beef BBQ, white rice, stir-fry veggies
Dessert - Lemon Bars
Dec $7^{\text {th }}-$ D-Day
Breakfast - Cereal
Lunch - Poppy seed salad
Dinner - Chicken \& rice, corn, canned fruit

## Dec $8^{\text {th }}$ - Dave \& Carin got engaged - 1986

Breakfast - Cereal
Lunch - French bread pizza
Dinner - Chimichanga, veggie tray, fresh fruit

## Dec 9th

Breakfast - Cereal
Lunch - Taquitos, salsa \& guacamole
Dinner - Scottish pie, peas, Jell-O

## Dec 10th

Breakfast - Scrambled eggs, bacon, fruit
Lunch - Soup
Dinner - Spaghetti, garlic bread, Caesar salad

## Dec 11th

Breakfast - Oatmeal
Lunch - PB \& J sandwiches
Dinner - Salisbury Steak, flat noodles, wilted spinach, canned fruit

## Dec 12th

Breakfast - French Toast, fresh fruit
Lunch - Chinese chicken salad
Dinner - Ham, hash browns, fried zucchini, Waldorf salad

## Dec 13th

Breakfast - Cream of Wheat
Lunch - Chili
Dinner - Moo-Shoo Chicken, brown rice, stir fry veggies

## Dec 14th

Breakfast - Cereal
Lunch - Turkey sandwiches
Dinner - Swiss Steak, white rice, green beans, canned fruit

## Dec 15th

Breakfast - Toast w/jelly
Lunch - Prosciutto pinwheels
Dinner - Fajitas, guacamole, chips \& cranberry salsa

## Dec 16th

Breakfast - Cereal
Lunch - BLT sandwiches
Dinner - Red enchiladas, Caesar salad, vinegar black beans
Dec 17th
Breakfast - Creamed eggs on toast
Lunch - Leftovers
Dinner - BBQ Hamburgers, coleslaw, veggie tray

## Dec 18th

Breakfast - Cereal
Lunch - Top Ramen
Dinner - Fried Chicken, mashed potatoes, corn, fresh fruit

## Dec 19 ${ }^{\text {th }}$ - Joshua Miles B-Day

Breakfast - Scrambled eggs, hash, fruit
Lunch - Chicken salad sandwiches
Dinner - Thai Pork Salad
Dec $20^{\text {th }}$
Breakfast - Oatmeal
Lunch - Nutella \& fruit
Dinner - Tostadas
Dec $21^{\text {st }}$
Breakfast - Toasted Bagels
Lunch - Nachos
Dinner - Pork chops, Ranch Potatoes, applesauce, green beans
Dec $22^{\text {nd }}$
Breakfast - Cereal
Lunch - Egg salad sandwiches
Dinner - Katie's Turkey chili, cornbread, green salad
Dec 23rd
Breakfast - Yogurt
Lunch - Hot dogs
Dinner - Asian Glazed Chicken \& noodles, stir fry veggies

## Dec 24th: Christmas Eve

Breakfast - Cereal
Lunch - Hoagies, crackers
Dinner - Prime rib, baked potatoes, Cran/Raspberry Jell-O salad, green beans, homemade rolls
Dessert - Peanut Brittle

## Dec 25th: Christmas Day

Breakfast - Cinnamon rolls
Lunch - Prime rib hash, carrots \& celery
Dinner - Tacos, Spanish rice, salsa \& chips
Dessert - Fudge

Dec 26th
Breakfast - Cereal
Lunch - Mac-n-cheese
Dinner - Crock-pot Chicken dump stew, chips, green salad
Dec 27th
Breakfast - Oatmeal
Lunch - PB \& J sandwiches
Dinner - Rigatoni, Crescent rolls, coleslaw
Dec 28th
Breakfast - Fried egg sandwich
Lunch - Baked potato w/works
Dinner - White enchiladas, broccoli slaw, canned fruit

## Dec 29th

Breakfast - Cereal
Lunch - Tuna fish sandwiches
Dinner - Lumpia, white rice, fruit salad, veggie tray
Dec 30th
Breakfast - Cinnamon Toast
Lunch - Hamburgers
Dinner - Spaghetti, garlic bread, Caesar salad
Dec 31st: New Year's Eve
Breakfast - Cereal
Lunch - Veggie tray \& dip
Dinner - Turkey, mashed potatoes, fruit salad, sweet potato casserole, grn beans, rolls
Dessert - Apple Pie

